

Domestic Violence/Sexual Assault Support Group

Are you or is someone you know a victim of domestic violence or sexual assault?

When:

Tuesdays

Starting October 1st-

November 19th



Topics Include:

- Safety
- Healing from Anger
- Healthy Relationships
- Setting Boundaries
- Coping Skills

If interested please call 828-369-5544 for more information.



*“You are
Stronger
than you know
Braver
than you believe, and
Smarter
than you think you are.”*

Life has many chapters.
One bad chapter doesn't
mean it's the end of the
book.

-Anonymous

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